



CURRICULUM OVERVIEW

PLANNING SUMMARY

HPE for the remainder of term 1.

| HEALTH PHYSICAL EDUCATION | |
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| Reception | Food group in your meal, daily activity, feelings |
| Year 1 | Food group in your meal, daily activity, feelings |
| Year 2 | Food group in your meal, daily activity, feelings |
| Year 3 | Daily diary of food intake, physical activity & how you feel and why. |
| Year 4 | Daily diary of food intake, physical activity & how you feel and why |
| Year 5 | Daily diary of food intake, physical activity & how you feel and why |
| Year 6 | Daily food intake analysis, daily activity analysis, feelings & reflection |
| Year 7 | Daily food intake analysis, daily activity analysis, feelings & reflection |