



Year 4 HASS/Health Activity Board for Weeks 10 and 11

<p>HASS – Geography</p> <p>Choose a natural resource such as sand (glass), tress (paper) or oil (plastic).</p> <p>Create a poster to encourage members of the community to use this resource more sustainably.</p>	<p>HASS – Geography</p> <p>Track your household waste – what is in each bin and how much? What strategies can you put in place at home to reduce your amount of landfill?</p> <ul style="list-style-type: none">- Compost/greens- Mixed recycling- Landfill- Soft plastics	<p>HASS - Geography</p> <p>Write a paragraph explaining what you are doing well in managing waste at home and what you could be doing better. Make sure to include some solution ideas for how you can better manage/reduce waste.</p>	<p>HASS – Geography</p> <p>Create an annotated (labelled) diagram of one of your solution ideas.</p> <p>Remember to draw your idea in detail and then label each part of the diagram.</p>
<p>Health</p> <p>List 3 ways that you could increase the amount of physical activity you do each day.</p> <p>Write a paragraph to explain why these activities are good for your health/fitness.</p>	<p>Health</p> <p>Create a poster to persuade your family, friends and classmates to use nude food and reduce packaging.</p>	<p>Health</p> <p>Draw and list 5 safe actions you could take if you saw a child being bullied at school, at the park or somewhere you go.</p>	<p>Health</p> <p>Imagine that your friend has started playing with other students. List 5 things you might do to adapt to and manage this change in your life.</p>