



LEARNING AREA CHOICE BOARD FOR PE

There are individual tasks grouped up into R-2 , 3 – 5, 6-7. Please read below the relevant areas for the topics concerned.

Reception – year 2	Food diary	Exercise diary	Self-reflection diary
Year 3 - 5	Food diary	Exercise diary	Self-reflection diary
Year 6 – 7.	Food Diary Keeping note of how much food is consumed. Calculating cost, calories, nutritional intake	Exercise diary	Self-reflection diary