

YR 2 Health, Child Protection and

Physical Education activity choice board



East Marden

PRIMARY SCHOOL

<p><u>P.E</u></p> <p>Try and activity on GoNoodle www.gonoodle.com</p>	<p><u>Child Protection</u></p> <p>Where do you feel safe? Write down 5 places you feel safe and explain why you feel safe at each place.</p>	<p><u>Child Protection</u></p> <p>What do you do when you are feeling stressed, sad or angry? Write down 5 ways you can deal with these feelings? For example breathing exercises, go for a walk, close your eyes.</p>	<p><u>P.E</u></p> <p>Watch a video from PE with Joe https://www.youtube.com/watch?v=d3LPrh10v-w</p>
<p><u>Health</u></p> <p>It's okay to be different! What makes you special? Write 5 sentences describing why you are special. Draw a picture with your writing.</p>	<p><u>Health</u></p> <p>What do you eat in one day? Write down and draw what you eat on ONE day.</p>	<p><u>P.E</u></p> <p>Dance along with Koo Koo Kanga on You tube. https://www.youtube.com/watch?v=ok7V1pWtRzs</p>	<p><u>Health</u></p> <p>What are special relationships? Make a list of people who are special to you. Write at least 3 sentences explaining why these people are special along with a picture of them.</p>
<p><u>Child Protection</u></p> <p>How can we keep safe in our classroom? Create a safety poster for our classroom.</p>	<p><u>Health</u></p> <p>Celebrations are important. What celebrations do your family celebrate together? Write a list in your books. Choose 2 celebrations and describe how you celebrate them along with a picture.</p>	<p><u>Child Protection</u></p> <p>What could you do if you were feeling unsafe? Write 3-5 sentences describing what you could do if you were feeling unsafe. Draw a picture with your writing.</p>	<p><u>Child Protection</u></p> <p>What is an emergency? Write 5 different situations that could be an emergency. Draw a picture for two or more of these emergencies.</p>
<p><u>Child Protection</u></p> <p>Signs keep us safe. Draw different signs you see when you are in the car or when you go for a walk. For example a stop sign, no entry sign or a pedestrian crossing.</p>	<p><u>P.E</u></p> <p>Go for a bike or scooter ride</p>	<p><u>Health</u></p> <p>When we were little we could not do the things we can now. Write 6 - 10 things you can do now that you could not do when you were a baby.</p>	<p><u>P.E</u></p> <p>Create and play a hopscotch game using chalk, sticky tape or paper.</p>

